

# Mental & Socio- emotional wellbeing – Alignment to NEP’



**Mr. Mukesh Shelat,**

Moderator

Principal DPS Varanasi

Motivational Speaker

Zonal Director CEIR - UP Region

*Today*  
@  
*4.30 Pm*



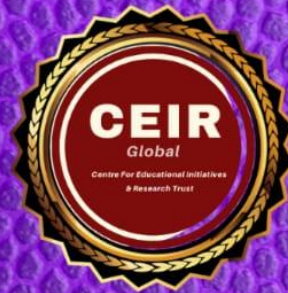
**Dr Jitendra Nagpal**

Renowned Psychiatrist and Programme

Director of Expressions India –

National Life Skills, Values, Community

and School Wellness Programme.



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